Sri GVG Visalakshi College for Women, (Autonomous), Udumalpet NSS Regular Activities (2020-2021)

The NSS Units of our College has 4 units consisting of 410 volunteers, 4 Programme Officers and 2 Co-opted Members.

Activities of the year

- A webinar on viduthalai vezhviyil magalir was conducted through online mode via Google Meet to celebrate Independence Day by the NSS wing of our College on 15th August, 2021.The resource person of the day was Dr. R.Nirmala Devi, Head Department of Tamil, Vellalar College for Women, Erode. The guest speaker of the day torched upon the significant contributions of Women during freedom struggle
- 20 NSS Volunteers of our college in association with Abdul Kalam Trust, Thugavi distributed Kabasura Kudineer for the village people at Thungavi on 14.9.2021 (No sponsor)
- 20 volunteers assisted the frontline workers at the Covid Vaccine Camp conducted by the Thungavi Primary Health Centre at Government Elementary School, Thungavi on 14.9.2021
- The National Service Scheme of Sri G.V.G Visalakshi College for Women, Udumalpet conducted a Corona awareness Campaign at Thungavi Village on 17.09.2021. Mr. Eswaraswamy, Chairman of the Village, Dr.Karthikeyan, the Chief Medical Officer, Thungavi, Mr. Vinoth, Village Administrative Officer and Mrs. Suganthi Chellapan, the Councilor, Thandhoni Village participated in the awareness rally. The NSS Volunteers insisted the people to wear mask, maintain social distancing and to sanitize the hands frequently.
- 10 of our NSS volunteers assisted at covid vaccine camp conducted by the Thungavi Primary Health Centre at Government Elementary School, Thungavi on 17.9.2021.

- NSS day was celebrated on 24.09.2021 at Conference Hall I in our college premises by conducting a special meeting. Dr.V.Sedipoun, Associate Professor of Tamil ignited the young minds by her motivational talk. A poster making competition was also organized for the volunteers. Dr. M. Meharbanu, Assistant Professor of Economics acted as the judge and the prizes were distributed by Mrs.S.Kalaiselvi, Associate Professor of Mathematics and Dr. S. Aram, Advisor of NSS of our college.
- All the 4 NSS Units of our College organized the FIT INDIA FREEDOM RUN 2.0 as per the direction of sate NSS coordinator from 13th August – 2nd October 2021.
- Dr.R.Annadurai, NSS Programme Co-ordinator , Bharathiar University, Coimbatore gave an orientation regarding the regular and special camp activities and enlightened the NSS volunteers on the motto "Not Me But You" on 07.10.2021 at Conference Hall I in our college premises.
- Clean India Swacchh Bharat Campaign activities including village Library cleaning and maintenance, temple cleaning and Government middle school campus cleaning were done by the NSS Volunteers at the NSS adopted village Thungavi on 26.10.2021.
- An Awareness Programme regarding Swacchta and Women, Cybercrimes, Vigilance Awareness and Azad ka Amrut Mahatsav was given to the NSS voluteers by Field Outreach Bereau, Information and Broadcasting Department, Coimbatore on 30.10.2021. Mr.J.Kamaraj, IIS Regional Director and Kareena B.Thengamam, Deputy Director of Regional Outreach Bureau, Ministry of Information and Broad Casting Shasthri Bhavan, Chennai were the resource persons.

- Tree Plantation programme in association with vanathul Tiruppur association and Dream 20 association was organized at Thampuran kovil Village, Manupatty on 26.12.202. 38 NSS volunteers participated and planted more than 100 saplings.
- An Awareness on 108 Emergency Ambulance Service in association with Egam Foundation, Coimbatore was given to NSS volunteers at Indoor stadium in the college premises on 28.12.2021. The resource persons were Mr.R.Karthikeyan, District Co-ordinator, Egam Foundation (NGO), Ms.M.Saranya ,Emergency Medical Technician,GVKEMRI, 108 Ambulance Service, Udumalpet and Mr.Dinakaran, GVKEMRI, 108 Ambulance Service, Udumalpet
- National Girl Child Day was celebrated through online mode on 24.01.2022 by conducting a webinar on the theme Empowering girls for a brighter tomorrow. The resource person of the day was Dr.L.Manimegalai, Assistant professor in Tamil, Department of Languages, Hindusthan College of Arts and Science, Coimbatore. She highlighted the fact that the girls are the epitome of strength, love, sacrifice and courage.
- GVGVC NSS celebrated Republic Day by conducting a Group Discussion and Debate by Student Volunteers in the online mode on 26.01.2022. Super India – The Impact of 75 Years of Independence on Women's Freedom in India. 100 NSS volunteers participated in the programme. As a conclusion of debate, volunteers recorded that there is empowerment compared to olden days and yet there should be more freedom and enablement.
- 40 GVG NSS volunteers took Pledge against Untouchability through online mode on 29.01.2021.

- The National Service Scheme of Sri G.V.G Visalakshi College for Women, Udumalpet organized kitchen garden activity for the Volunteers from the month of September 2021 to February 2022 to give awareness to the volunteers a chance to produce their own food fresher, healthier—and learn in the process about local varieties and introduce chemical free crops.
- 29 of our NSS volunteers involved in the construction of rain water harvest pit at their home in order to harvest rain water in the month of January 2022.
- NSS Special Camp was organized from 22.03.2022 to 28.03.2022 at the adopted villages of Thungavi, Paraiyur, Kumaramangalam and Bengalore. Various activities of the special camp

Awareness compaigns on Cleanliness, Girl Child Education, Food Safety, Nutrition, E-Transaction of Money, the importance of individual toilets, rainwater harvesting and plastic demolition was organized on each day at the four adopted villages.

Field Activities includes Tree plantation at the 4 adopted villages, Temple Cleaning at the 4 adopted villages, School Campus Cleaning at the adopted villages, Competitions for the school children at Thungavi, Paraiyur, and Kumaramangalam Government Schools. Health and nutrition check-up for children under age 10 in association with Ekam Foundation, Tiruppur. Door to door compaign about hygienic practices by NSS Volunteers at the 4 adopted villages, Medical Camp in association with Priya Medical Institute at Thungavi Government High School Village and awareness on functioning of 108 Emergency Ambulance service for the school children at Thungavi.

Special orientations on organic farming, First Aid and cattle breeding and maintenance for the farmers and village people were provided and motivational talk was organized to our NSS volunteers. Dr. R. Annathurai,

NSS programme coordinator, Bharathiar University, Dr. S. Murugan, Government Veterinary Doctor, Perumalpudur, Palani, Mr. S. Moorthi, secretary of Swami Vivekananda School, Udumalpet, Lawyer Sathyavani of Udumalpet High Court and Ms. Selvadeepa RTO, Udumalpet were the resource persons.